

The Waterloo, IL Optimist Club 17th Annual 5K Competitive Run & 5K Fun Walk

Friend of Youth - Serving the Community Since 1954

Date: August 24, 2019 Place: Rogers Elementary School
Start Time: 8:00am 200 N Rogers St
Waterloo, IL 62298

Divisions for Male & Female participants:

Age: 14 & Under	25-29	40-44	55-59	80-89	90 & over
15-18	30-34	45-49	60-69	Heavy Weight for 225 Plus Pounds	
19-24	35-39	50-54	70-79	Wheelchair	

Entry INFO: \$20 registration if postmarked by August 17th
\$25 registration if postmarked after August 17th
Race T-shirts guaranteed for those postmarked by Aug 17th
Register online at <http://www.waterloooptimist.org>
Send Checks to: Waterloo Optimist Club, c/o Trevor Gahn
1714 Ontario Dr. Waterloo, IL 62298. Make checks to: Waterloo Optimist Club

Race Director: Trevor Gahn (618) 560-8657 or Email: trevor.gahn@yahoo.com
Assistant Director: Brad Karn (618) 604-2322 or Email: bradkarn@hotmail.com
Race Day Registration: 6:45-7:30 AM (Packet pickup at check in/registration)
Proceeds: All proceeds will benefit local youth programs
Refreshments: Provided before and after the race
Bathroom and Changing Areas: Available at Rogers Elementary School
5K Course: City streets with rolling hills, out and back
Race will be held regardless of the weather, delayed start for dangerous weather
Awards Presentation and Attendance Prizes at the completion of the event
Trophies for 1st, 2nd and 3rd place finishers, plus 1st overall finishers for men and women

HOLD HARMLESS CLAUSE / WAIVER & RELEASE FROM LIABILITY

NAME (print) _____ **Age (race day)** _____ **Sex** _____
Heavyweight _____ **Wheelchair** _____

Street _____ **City** _____ **State** _____ **Zip** _____
Phone (_____) _____ - _____

Shirt Size: **YS** **YM** **YL** **S** **M** **L** **XL** **2XL** **3XL**
Email _____

Circle School: **Waterloo Jr. High** **Waterloo High School** **S.P.P.C.S.** **Gibault**
Gardner-Grade 4

Sport / Club _____ **Coach / Sponsor** _____

Please read this form carefully and be aware that in registering and participating in this event you will be waiving all claims for injuries you might sustain arising from this event. As a participant in the Waterloo Optimist Club 5K Run/Walk Race for Youth, I recognize and acknowledge that there are certain risk of physical injury and I agree to assume the full risk of any injuries, including death, damages or loss which I may sustain as a result of participating in any and all activities connected and associated with such event. I agree to waive and relinquish all claims I may have as a result of participating in the event against the Waterloo Optimist Club and its members. I do hereby fully release and discharge the Waterloo Optimist Club and its members from any and all claims from injuries, including death, damage or loss, which I may accrue due to my participation in this event. I further agree to indemnify and hold harmless and defend the Waterloo Optimist Club and its members from any and all claims resulting from injuries, including death, damages and losses sustained by me and arising out of, connected with, or in any way associated with the activities of the event.

Signature of Participant

Date

Signature of Parent or Guardian - If under 18

Date